

	MORNING	EVENING
<b>MONDAY</b>	Dr. Sleath: 7-8 & 9-11.30 Dr. Warner: 9-11.30 Dr. Thomas: 10-12.00	Dr. Thomas: 3.30-5.30 Dr. Warner: 4.30-6.00
<b>TUESDAY</b>	Dr. Sleath: 9-11.30 Dr. Warner: 7-8 & 9-11.30	Antenatal Clinic: Sr. Gill Farr 2.30-4.00 Dr. Sleath: 4.30-6.00
<b>WEDNESDAY</b>	Dr. Warner: 9-11.30 Dr. Thomas: 10-12.00	Dr. Warner: 4.30-6.00 Dr. Thomas: 3.30-5.30
<b>THURSDAY</b>	Dr. Sleath: 9-11.30 Dr. Thomas: 10-12.00	Dr. Thomas: 4.00-6.00
<b>FRIDAY</b>	Dr. Sleath: 9-11.30 Dr. Warner: 9-11.30	Dr. Sleath/Dr. Warner 4.30-6.00

We are a dispensing practice and are able to supply medication for all patients living more than one mile from the nearest chemist. For branch surgeries at Madley and Innesfield please make an appointment via the main surgery.

#### **PRACTICE NURSES**

The Practice Nurses are available for consultation on a wide variety of issues, when it is often not necessary to see a doctor. The Practice Nurses can advise you on managing minor illness, diabetes, high blood pressure and asthma and on ear syringing; they will also advise on travel immunisations, weight reduction and stopping smoking and well person checks (including cervical smears). A nurse is available on every week day. Please book an appointment through the receptionist.

**Community midwife:** Sr Gill Farr has responsibility for most of the practice area. She attends some of our antenatal clinics and can be contacted via the community midwives' office at the County Hospital. Telephone: (01432) 355444.

*The practice provides a full range of immunisation, minor surgery and contraceptive services; if you need emergency contraception, please ask to see or speak to a doctor within 72 hours. The practice provides community-based maternity care in conjunction with our local midwives. We are happy to consider requests for home births.*

#### **FREEDOM OF INFORMATION ACT 2000**

The Freedom of Information Act 2000 recognises that members of the public have the right to know how public services are organised and run. In accordance with this Act, Kingstone Surgery doctors have produced a guide to the information routinely made available to the public. Please contact the Practice Manager if you wish to see a copy of the Publication Scheme.

*Details correct as at Nov. 09*

# KINGSTONE SURGERY



Kingstone  
Herefordshire  
HR2 9HN

**Tel: 01981 250215**

**Fax: 01981 251189**

[www.kingstonesurgery.co.uk](http://www.kingstonesurgery.co.uk)



**Dr J.D. SLEATH**

MA BM BCh DRCOG MRCGP OXFORD 1985

**Dr R.G. WARNER**

MA BM BCh DCH MRCGP OXFORD 1985

**Dr H.R. THOMAS**

MB ChB DRCOG DFFP MRCGP MANCHESTER 1998

**PRACTICE STAFF**

- Mrs Linda Brown • *Assistant Practice Manager*
- Mrs Pam Craig • *Receptionist and dispenser*
- Miss Catherine Eastman • *Receptionist and dispenser*
- Sr. Jan Edwards • *Practice Nurse*
- Mrs Susan Emmett • *Receptionist and dispenser*
- Mrs Linda Hunter-Choat • *Practice Manager*
- Mrs Sylvia King • *Secretary and computer operator*
- Mrs Caroline Morgan • *Evening receptionist and dispenser*
- Mrs Elaine Morgan • *Dispensary Manager*
- Sr. Pamela Pattenden • *Practice Nurse*
- Mrs Karen Prosser • *Receptionist/ Admin. Support*
- Mrs Ceinwen Williams • *Office Manager*

*District Nurses*

- ~ Sr. Janice Ryland
- ~ Sr. Lesley Smith
- ~ SN. Heather Downs
- ~ SN. Jayne Meredith
- ~ SN. Leila Steele

*Health Visitors*

- ~ Sally Helme (temp.)
- ~ Bethan Murgatroyd

*Community Midwife*

- ~ Sr. Gill Farr

*Social Worker*

- ~ Lindsay McArthur

**Health visitor:** The Health Visitor has an office at the surgery. Separate telephone number: 251267.

The **community nurses** call in at the surgery daily at 11.30 a.m. and will change dressings, remove stitches, etc. At this time they are also available for contact by telephone.



**REGISTRATION**

If you live in our practice area, which extends to within a radius of approximately 6 miles from The Surgery, and would like to register with us, please complete a registration form which is available from reception. If you move out of the area, we regret that you must register with another practice. You will be registered with the practice rather than an individual GP and may see any of our doctors. You may ask to see a particular doctor and we will do our best to comply, wherever possible. It is helpful if you see the same doctor for an ongoing problem.

**APPOINTMENTS**

Patients are seen by appointment only; to make an appointment, please speak to the receptionist or telephone the surgery between **8.30 am – 6.00 pm**. Please be as prompt as possible for your appointment and please notify us of any cancellations. We will always see urgent cases on the same day; if you feel you need to be seen urgently, please inform the receptionist. The surgery is closed between 1.30 pm – 2.00 pm; if you need the doctor urgently during this time, please telephone the surgery.

**SPEAKING TO THE DOCTOR**

Many queries can be dealt with over the telephone; if you wish to speak to the Doctor or obtain advice, please telephone the surgery between **12 noon and 12.30 pm**.

**HOME VISITS**

If you are too unwell to attend the surgery and need medical attention, please telephone the surgery **before 11.00am**. The Doctor may need to speak to you to assess the need for a home visit; visits take place after morning surgery and in the afternoon.

**EMERGENCIES**

Emergency cover out of normal surgery hours is provided by Primicare between 6.00pm and 8.00am Mon. to Fri. and from 6.00pm Fri. until 8.00am Mon. If you need a doctor during these times, please phone **0330 1239309**. If you need to speak to a doctor between 8.00am and 8.30am, please phone the surgery. You may also contact NHS Direct for advice on 0845 4647 or log on to their website: [www.nhsdirect.nhs.uk](http://www.nhsdirect.nhs.uk).

**REPEAT PRESCRIPTIONS**

You may order repeat prescriptions in writing, in person or by telephone. Please allow 48 hours between ordering and collecting your repeat medication. You may also order repeat prescriptions via our website: [www.kingstonesurgery.co.uk](http://www.kingstonesurgery.co.uk). The dispensary is open from 8.00am-1.30pm and from 2pm-6.30pm Mon.-Fri. Requests for emergency medication out of hours should be made to Primicare.

**VISITING THE SURGERY**

On the back page you can see when the doctors are available for consultation. The surgery has level access, a disabled toilet and designated parking for disabled patients.

